



Adrenal Exhaustion

Explains it all:

- Are you tired for no reason?
- Struggling to keep up with the regular routine?
- Need coffee or cola, sugar or starches to keep you going?
- Having a rough time getting up in the morning?
- Have lots of aches and pains?
- Not having fun anymore?
- Poor concentration and foggy memory getting you scared?
- Feeling run down and stressed?

Saliva testing 4 different times during the same day will pinpoint an over-active or an exhausted set of adrenals. Out of balance adrenals are at the base of all medical illness. Why wait for the illness to come? Let's restore your adrenal balance with Bio-Identical Hormones and get back your Life.

Why Test Saliva?

Because it's the only way to get an accurate measure of your hormones!

Blood testing is excellent when I want to test your sugar, cholesterol and liver health. But when I want to accurately know what your hormone levels are, saliva is the only way to go because it alone has just active hormones. That's what I need to help you. Blood is a mixture of active and inactive hormones and just confuses the situation. So when you want to restore your hormones to their healthy balance, I will be able to help you once I get your saliva test results.

